



Long Sutton County Primary School
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Headteacher: Miss S Gray

Dear Parents and Carers,

Year 3 School Swimming

We are delighted to inform you that children in Year 3 will have the opportunity to attend school swimming lessons this academic year. School swimming lessons will be on Monday afternoons. Each class will complete a block of swimming for a whole term. School staff will accompany the children to the pool and swim teach qualified staff and qualified swimming instructors from the pool will teach the children in groups appropriate to their current swimming confidence and competence. Each year 3 class will be attending lessons separately to ensure that non-swimmers, as well as the more able swimmers, are taught in smaller groups with a higher adult: child ratio to maximise the children's progress.

Entrance to the pool is now charged to us but we will continue to pay the cost of instruction. A voluntary contribution of £2.50 each week is requested to offset the cost of the coaches and entrance to the pool. You can pay this as a lump sum of £32.50 for the thirteen weeks or on a weekly basis via ParentPay.

The children will start their swimming weekly from

Monday 11th September until Monday 11th December with 1 week break for half term. This will be a total of 13 weeks swimming.

Health and Safety:

- **ALL** jewellery should be left at home please – earrings must be taken out; no tape can be worn in the pool and children will not be able to participate with earrings still in.
- Children with long hair/fringes should have it tied back securely.
- All boys should wear swimming trunks or tight shorts (not Bermuda style long shorts) and girls must wear a one-piece swimsuit – this is for their own safety.
- For ease of changing at the pool, children can wear their swimming costumes/trunks underneath their school uniform.
- At the pool the children are required to remove their footwear before entering the changing area. To assist with this process, it would be helpful if your child is not wearing tights.

- Children will take their towel, underwear and drink to the swimming pool with them.
- Goggles are optional

Swimming is a compulsory part of the national PE curriculum and as such we do expect children to take part in every swimming lesson. We aim that by the end of year 6, every child will leave school able to swim at least 25m. If you consider that your child is too unwell to swim then they are probably not well enough to be in school, however if they are fit to attend but not swim, we will place them in another class with appropriate work. Please provide your child's class teacher with a note or call the school office.

Swimming Lesson Dates

These are the proposed dates for swimming, however please be aware that adverse weather or technical problems at the pool can sometimes result in swimming having to be cancelled and rearranged. We have left flex in the calendar to allow for this.

Mrs Withers' class (Swifts)

- Monday 11th September- Monday 11th December – please note children will swim on the first Monday after half term Monday 30th October.

Miss Laws' Class (Starlings)

- Monday 8th January – Monday 29th April (excluding Monday 12th February and Monday 1st, 8th and 15th April)

When Swifts are swimming, Starlings will remain in school and participate in a PE lesson.

Thank you in advance for your understanding.

Kind regards,

Mrs Withers and Miss Law